

**IL Fri: Klubbstatistikk innendørs 2013****Menn/gutter****60m**

|       |        |                        |      |              |            |
|-------|--------|------------------------|------|--------------|------------|
| 7.29  | (5)h7  | Martin Roe             | (92) | Haugesund    | 02.02.2013 |
| 7.31  | (3)Jh4 | Kristian Hansen Bruvik | (94) | Tallinn, EST | 05.01.2013 |
| 7.73  | (5)Jh5 | Eirik Greibrokk Dolve  | (95) | Tallinn, EST | 05.01.2013 |
| 8.03  | (5)c   | Tage Unneland Weiseth  | (97) | Haukås       | 17.02.2013 |
| 8.76  | (1)    | Magnus Skjoldal        | (49) | Haugesund    | 03.03.2013 |
| 8.92  | (4)b   | Marius Olsen           | (96) | Haukås       | 17.02.2013 |
| 9.28  | (3)    | Johnny Isaksen         | (48) | Haugesund    | 03.03.2013 |
| 11.30 | (6)MS  | Svein Arne Angvik      | (45) | Haukås       | 05.03.2013 |

**150m**

|       |     |            |      |        |            |
|-------|-----|------------|------|--------|------------|
| 17.26 | (1) | Martin Roe | (92) | Haukås | 27.01.2013 |
|-------|-----|------------|------|--------|------------|

**200m**

|       |      |                       |      |           |            |
|-------|------|-----------------------|------|-----------|------------|
| 26.37 | (3)c | Tage Unneland Weiseth | (97) | Haukås    | 17.02.2013 |
| 26.98 | (5)  | Christer Sælen        | (81) | Haukås    | 17.02.2013 |
| 29.72 | (1)I | Magnus Skjoldal       | (49) | Haugesund | 02.03.2013 |
| 31.40 | (3)J | Johnny Isaksen        | (48) | Haugesund | 02.03.2013 |

**1500m**

|         |     |                |      |        |            |
|---------|-----|----------------|------|--------|------------|
| 4:34.85 | (2) | Christer Sælen | (81) | Haukås | 17.02.2013 |
|---------|-----|----------------|------|--------|------------|

**3000m**

|          |     |           |      |           |            |
|----------|-----|-----------|------|-----------|------------|
| 10:24.27 | (3) | Erik Iden | (69) | Haugesund | 03.03.2013 |
|----------|-----|-----------|------|-----------|------------|

**60m hekk 106.7/9.14**

|      |     |            |      |        |            |
|------|-----|------------|------|--------|------------|
| 8.83 | (1) | Martin Roe | (92) | Haukås | 31.01.2013 |
|------|-----|------------|------|--------|------------|

**Høyde**

|      |      |                       |      |                    |            |
|------|------|-----------------------|------|--------------------|------------|
| 2.03 | (1)J | Eirik Greibrokk Dolve | (95) | Steinkjer          | 10.03.2013 |
| 1.80 | (3)  | Martin Roe            | (92) | Haukås             | 02.01.2013 |
| 1.54 | (2)  | Jan Kristian Olsen    | (47) | San Sebastian, ESP | 19.03.2013 |
| 1.23 | (1)  | Jens Mjeldheim        | (40) | Haugesund          | 03.03.2013 |

**Høyde u.t.**

|      |      |                                |      |           |            |
|------|------|--------------------------------|------|-----------|------------|
| 1.30 | (1)G | Oddvin Årdalsbakke             | (62) | Garnes    | 04.02.2013 |
| 1.20 | (1)I | Magnus Skjoldal                | (49) | Garnes    | 04.02.2013 |
| 1.18 | (3)J | Jan Kristian Olsen             | (47) | Haugesund | 02.03.2013 |
| 1.12 | (1)K | Kjell Fossen                   | (39) | Laksevåg  | 26.01.2013 |
| 1.08 | (2)K | Jens Mjeldheim                 | (40) | Laksevåg  | 26.01.2013 |
| 1.05 | (1)J | Johnny Isaksen                 | (48) | Garnes    | 04.02.2013 |
| 0.95 | (1)h | Henrik Netland Rolland         | (02) | Garnes    | 04.02.2013 |
| 0.80 | (2)h | Christian Thunestvedt          | (02) | Garnes    | 04.02.2013 |
| 0.75 | (1)g | Brede Middtun                  | (01) | Garnes    | 04.02.2013 |
| 0.70 | ( )i | Torstein Olai Leiren Mastervik | (03) | Garnes    | 04.02.2013 |
|      |      | (10)                           |      |           |            |
| 0.65 | ( )j | Nikolai Garnes                 | (04) | Lone      | 13.03.2013 |
| 0.60 | ( )j | Odin Nielsen                   | (04) | Lone      | 13.03.2013 |
| 0.55 | ( )i | Thord Elverum Listøl           | (05) | Garnes    | 04.02.2013 |
| 0.55 | ( )i | Thomas Berg Hammer             | (06) | Garnes    | 04.02.2013 |
| 0.55 | ( )j | Simon Søgnesand                | (04) | Lone      | 13.03.2013 |
| 0.50 | ( )j | Brage Nielsen                  | (07) | Lone      | 13.03.2013 |
| 0.50 | ( )j | Ulrik Wincent Haugen Woothon   | (05) | Lone      | 13.03.2013 |
| 0.50 | ( )j | Even Samuelsen                 | (06) | Lone      | 13.03.2013 |

**Stav**

|      |      |                        |      |                |            |
|------|------|------------------------|------|----------------|------------|
| 5.20 | (10) | Eirik Greibrokk Dolve  | (95) | Gateshead, GBR | 23.06.2013 |
| 4.41 | (1)J | Kristian Hansen Bruvik | (94) | Haukås         | 09.02.2013 |
| 4.02 | (1)  | Martin Roe             | (92) | Haukås         | 09.12.2012 |

**Lengde**

|      |      |                        |      |              |            |
|------|------|------------------------|------|--------------|------------|
| 6.34 | (4)J | Eirik Greibrokk Dolve  | (95) | Tallinn, EST | 05.01.2013 |
| 5.76 | (9)J | Kristian Hansen Bruvik | (94) | Tallinn, EST | 05.01.2013 |

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**Lengde u.t.**

|      |      |                                |      |          |            |
|------|------|--------------------------------|------|----------|------------|
| 2.77 | (1)G | Oddvin Årdalsbakke             | (62) | Laksevåg | 26.01.2013 |
| 2.54 | (1)F | Ivar André Langhelle           | (66) | Garnes   | 04.02.2013 |
| 2.50 | (1)I | Magnus Skjoldal                | (49) | Garnes   | 04.02.2013 |
| 2.46 | (1)F | Stein Fossen                   | (68) | Laksevåg | 26.01.2013 |
| 2.36 | (1)  | Christer Sælen                 | (81) | Garnes   | 04.02.2013 |
| 2.21 | (1)K | Jens Mjeldheim                 | (40) | Garnes   | 04.02.2013 |
| 2.13 | (1)J | Johnny Isaksen                 | (48) | Garnes   | 04.02.2013 |
| 1.91 | (1)h | Henrik Netland Rolland         | (02) | Garnes   | 04.02.2013 |
| 1.91 | (1)c | Jahn Brusdal Eriksen           | (97) | Garnes   | 04.02.2013 |
| 1.80 | (1)J | Svein Arne Angvik              | (45) | Lone     | 13.03.2013 |
|      |      | (10)                           |      |          |            |
| 1.69 | (2)h | Christian Thunestvedt          | (02) | Garnes   | 04.02.2013 |
| 1.58 | ( )i | Torstein Olai Leiren Mastervik | (03) | Garnes   | 04.02.2013 |
| 1.58 | ( )j | Odin Nielsen                   | (04) | Lone     | 13.03.2013 |
| 1.51 | ( )j | Simon Søgnesand                | (04) | Lone     | 13.03.2013 |
| 1.47 | ( )j | Nikolai Garnes                 | (04) | Lone     | 13.03.2013 |
| 1.29 | ( )i | Thord Elverum Listøl           | (05) | Garnes   | 04.02.2013 |
| 1.25 | ( )j | Even Samuelsen                 | (06) | Lone     | 13.03.2013 |
| 1.14 | ( )i | Thomas Berg Hammer             | (06) | Garnes   | 04.02.2013 |
| 1.08 | ( )j | Brage Nielsen                  | (07) | Lone     | 13.03.2013 |

**Tresteg**

|       |      |                       |      |           |            |
|-------|------|-----------------------|------|-----------|------------|
| 13.20 | (1)J | Eirik Greibrokk Dolve | (95) | Steinkjer | 08.03.2013 |
|-------|------|-----------------------|------|-----------|------------|

**Tresteg u.t.**

|       |      |                       |      |      |            |
|-------|------|-----------------------|------|------|------------|
| 8.75g | (1)J | Eirik Greibrokk Dolve | (95) | Fana | 24.11.2012 |
|-------|------|-----------------------|------|------|------------|

**Kule 4.0**

|       |     |              |      |           |            |
|-------|-----|--------------|------|-----------|------------|
| 10.53 | (3) | Kjell Fossen | (39) | Haugesund | 03.03.2013 |
|-------|-----|--------------|------|-----------|------------|

**Kule 5.0**

|      |      |                   |      |        |            |
|------|------|-------------------|------|--------|------------|
| 8.09 | (1)J | Svein Arne Angvik | (45) | Haukås | 05.03.2013 |
|------|------|-------------------|------|--------|------------|

**Kule 7.26**

|       |      |              |      |           |            |
|-------|------|--------------|------|-----------|------------|
| 14.69 | (1)  | Martin Roe   | (92) | Haukås    | 09.12.2012 |
| 12.34 | (1)F | Stein Fossen | (68) | Haugesund | 03.03.2013 |

**IL Fri: Klubbstatistikk innendørs 2013****Kvinner/jenter****40m**

|      |      |                     |      |        |            |
|------|------|---------------------|------|--------|------------|
| 7.60 | (4)h | Synne-Helen Torvund | (02) | Haukås | 25.04.2013 |
| 7.98 | ( )j | Signe-Marie Torvund | (04) | Haukås | 25.04.2013 |
| 8.47 | ( )j | Vilde-Sofie Torvund | (06) | Haukås | 25.04.2013 |

**60m**

|       |        |                        |      |           |            |
|-------|--------|------------------------|------|-----------|------------|
| 7.94  | (6)sf1 | Lene Secher Myrmel     | (86) | Haugesund | 02.02.2013 |
| 8.24  | (1)J   | Agathe Holtan Wathne   | (94) | Haukås    | 17.02.2013 |
| 8.33  | (5)ch1 | Julie Viken            | (97) | Steinkjer | 09.03.2013 |
| 10.74 | (2)hB  | Synne-Helen Torvund    | (02) | Haukås    | 20.01.2013 |
| 10.90 | (2)    | Ruth Bakke Haug        | (47) | Haugesund | 03.03.2013 |
| 11.24 | ( )jh1 | Signe-Marie Torvund    | (04) | Haukås    | 09.02.2013 |
| 11.62 | ( )j   | Vilde-Sofie Torvund    | (06) | Haukås    | 25.04.2013 |
| 11.86 | ( )jh2 | Helene Wilhemsens Iden | (06) | Haukås    | 09.02.2013 |

## Uklart resultat:

|      |      |                     |      |        |            |
|------|------|---------------------|------|--------|------------|
| 9.89 | ( )j | Signe-Marie Torvund | (04) | Haukås | 25.04.2013 |
|------|------|---------------------|------|--------|------------|

**150m**

|       |      |             |      |        |            |
|-------|------|-------------|------|--------|------------|
| 20.24 | (1)c | Julie Viken | (97) | Haukås | 27.01.2013 |
|-------|------|-------------|------|--------|------------|

**200m**

|       |        |                      |      |           |            |
|-------|--------|----------------------|------|-----------|------------|
| 26.74 | (1)    | Lene Secher Myrmel   | (86) | Haukås    | 29.12.2012 |
| 26.91 | (2)ch2 | Julie Viken          | (97) | Steinkjer | 10.03.2013 |
| 26.97 | (3)JA  | Agathe Holtan Wathne | (94) | Haukås    | 09.02.2013 |
| 33.20 | (4)eC  | Eirin Bysheim Lohne  | (99) | Haukås    | 18.01.2013 |
| 38.95 | ( )j   | Signe-Marie Torvund  | (04) | Haukås    | 25.04.2013 |
| 40.21 | (1)    | Ruth Bakke Haug      | (47) | Haugesund | 02.03.2013 |
| 42.27 | ( )j   | Vilde-Sofie Torvund  | (06) | Haukås    | 25.04.2013 |

**400m**

|       |      |             |      |        |            |
|-------|------|-------------|------|--------|------------|
| 62.04 | (1)c | Julie Viken | (97) | Haukås | 17.02.2013 |
|-------|------|-------------|------|--------|------------|

**600m**

|         |      |                     |      |        |            |
|---------|------|---------------------|------|--------|------------|
| 1:48.22 | (3)c | Julie Viken         | (97) | Haukås | 10.02.2013 |
| 2:21.87 | (1)h | Synne-Helen Torvund | (02) | Haukås | 25.04.2013 |

**800m**

|         |      |                    |      |         |            |
|---------|------|--------------------|------|---------|------------|
| 2:20.91 | (2)M | Lene Secher Myrmel | (86) | Sandnes | 13.01.2013 |
| 2:44.78 | (2)e | Mathilde Oddekalv  | (99) | Haukås  | 29.12.2012 |

**60m hekk 68.6/7.0**

|       |     |                 |      |           |            |
|-------|-----|-----------------|------|-----------|------------|
| 14.36 | (2) | Ruth Bakke Haug | (47) | Haugesund | 02.03.2013 |
|-------|-----|-----------------|------|-----------|------------|

**60m hekk 84.0/8.5**

|      |      |                      |      |           |            |
|------|------|----------------------|------|-----------|------------|
| 8.59 | (4)  | Lene Secher Myrmel   | (86) | Haugesund | 03.02.2013 |
| 8.90 | (1)J | Agathe Holtan Wathne | (94) | Steinkjer | 08.03.2013 |

**Høyde**

|      |      |                             |      |           |            |
|------|------|-----------------------------|------|-----------|------------|
| 1.64 | (2)M | Lene Secher Myrmel          | (86) | Sandnes   | 13.01.2013 |
| 1.25 | (5)e | Eirin Bysheim Lohne         | (99) | Haukås    | 18.01.2013 |
| 1.06 | (2)  | Ruth Bakke Haug             | (47) | Haugesund | 03.03.2013 |
| 1.01 | (1)  | Anne Grethe Hafstad Thorsen | (50) | Haugesund | 03.03.2013 |

**Høyde u.t.**

|      |      |                             |      |           |            |
|------|------|-----------------------------|------|-----------|------------|
| 1.00 | (1)  | Ingunn Gatland Jacobsen     | (67) | Garnes    | 04.02.2013 |
| 0.91 | (1)  | Anne Grethe Hafstad Thorsen | (50) | Haugesund | 02.03.2013 |
| 0.85 | (1)  | Ruth Bakke Haug             | (47) | Haugesund | 02.03.2013 |
| 0.85 | (1)g | Nora Midttun                | (01) | Garnes    | 04.02.2013 |
| 0.80 | (1)h | Synne-Helen Torvund         | (02) | Garnes    | 04.02.2013 |
| 0.80 | (2)h | Thea Elverum Listøl         | (02) | Garnes    | 04.02.2013 |
| 0.75 | ( )j | Signe-Marie Torvund         | (04) | Lone      | 13.03.2013 |
| 0.70 | ( )i | Linnea Rørbakken            | (03) | Lone      | 13.03.2013 |
| 0.65 | ( )i | Vilde-Sofie Torvund         | (06) | Garnes    | 04.02.2013 |
| 0.65 | ( )j | Synneva Opheim Haugland     | (05) | Lone      | 13.03.2013 |

(10)

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|   |      |  |      |           |            |
|---|------|--|------|-----------|------------|
| 0.60  | (3)h | Tuva Berg Hammer                                     | (02) | Garnes    | 04.02.2013 |
| 0.60  | ( )i | Helene Wilhemsen Iden                                | (06) | Garnes    | 04.02.2013 |
| 0.55  | ( )i | Kristina Marie Leiren Mastervik                      | (06) | Garnes    | 04.02.2013 |
| 0.55  | ( )i | Kristine Aadland                                     | (06) | Garnes    | 04.02.2013 |
| 0.55  | ( )j | Helene Halland                                       | (06) | Lone      | 13.03.2013 |
| 0.50  | ( )j | Vilde Helgø  | (07) | Lone      | 13.03.2013 |
| <b>Stav</b>   |      |  |      |           |            |
| 2.40  | (1)J | Agathe Holtan Wathne                                 | (94) | Fana      | 29.09.2012 |
| <b>Lengde</b>   |      |  |      |           |            |
| 5.80  | (2)  | Lene Secher Myrmel                                   | (86) | Haugesund | 03.02.2013 |
| 5.28  | (1)J | Agathe Holtan Wathne                                 | (94) | Haukås    | 09.02.2013 |
| 3.10  | (1)  | Ruth Bakke Haug                                      | (47) | Haugesund | 02.03.2013 |
| <b>Lengde - satssone 0.5m</b>   |      |  |      |           |            |
| 3.18  | (4)h | Synne-Helen Torvund                                  | (02) | Haukås    | 20.01.2013 |
| 2.52  | ( )j | Signe-Marie Torvund                                  | (04) | Haukås    | 09.02.2013 |
| 2.19  | ( )j | Helene Wilhemsen Iden                                | (06) | Haukås    | 09.02.2013 |
| 2.17  | ( )j | Vilde-Sofie Torvund                                  | (06) | Haukås    | 20.01.2013 |
| <b>Lengde u.t.</b>  |      |  |      |           |            |
| 2.44  | (1)b | Karina Årdalsbakke Mjeldheim                         | (96) | Garnes    | 04.02.2013 |
| 2.34  | (1)J | Agathe Holtan Wathne                                 | (94) | Garnes    | 04.02.2013 |
| 2.33  | (1)  | Ingrid Kristine Sture                                | (79) | Lone      | 13.03.2013 |
| 2.25  | (2)b | Ane Netland Rolland                                  | (96) | Garnes    | 04.02.2013 |
| 2.06  | (1)e | Mathilde Oddekalv                                    | (99) | Garnes    | 04.02.2013 |
| 1.99  | (2)F | Kristin Holtan                                       | (66) | Laksevåg  | 26.01.2013 |
| 1.88  | (1)J | Ruth Bakke Haug                                      | (47) | Laksevåg  | 26.01.2013 |
| 1.84  | (1)l | Anne Grethe Hafstad Thorsen                          | (50) | Haugesund | 02.03.2013 |
| 1.70  | (1)F | Ingunn Gatland Jacobsen                              | (67) | Garnes    | 04.02.2013 |
| 1.70  | ( )i | Linnea Rørbakken                                     | (03) | Lone      | 13.03.2013 |
|   |      | (10)   |      |           |            |
| 1.66  | (1)g | Nora Midttun   | (01) | Garnes    | 04.02.2013 |
| 1.60  | (1)h | Thea Elverum Listøl                                  | (02) | Garnes    | 04.02.2013 |
| 1.58  | (1)h | Synne-Helen Torvund                                  | (02) | Lone      | 13.03.2013 |
| 1.50  | ( )i | Vilde-Sofie Torvund                                  | (06) | Garnes    | 04.02.2013 |
| 1.44  | ( )j | Signe-Marie Torvund                                  | (04) | Lone      | 13.03.2013 |
| 1.41  | ( )j | Helene Wilhelmsen Iden                               | (06) | Lone      | 13.03.2013 |
| 1.37  | (3)h | Tuva Berg Hammer                                     | (02) | Garnes    | 04.02.2013 |
| 1.27  | ( )i | Kristina Marie Leiren Mastervik                      | (06) | Garnes    | 04.02.2013 |
| 1.25  | ( )j | Synneva Opheim Haugland                              | (05) | Lone      | 13.03.2013 |
| 1.18  | ( )i | Kristine Aadland                                     | (06) | Garnes    | 04.02.2013 |
|   |      | (20)   |      |           |            |
| 1.03  | ( )j | Helene Halland                                       | (06) | Lone      | 13.03.2013 |
| 0.96  | ( )j | Vilde Helgø  | (07) | Lone      | 13.03.2013 |
| 0.93  | ( )i | Anne Emilie Leiren Mastervik                         | (08) | Garnes    | 04.02.2013 |
| <b>Tresteg</b>  |      |  |      |           |            |
| 5.90  | (1)  | Ruth Bakke Haug                                      | (47) | Haugesund | 03.03.2013 |
| <b>Tresteg u.t.</b>   |      |  |      |           |            |
| 5.25  | (1)  | Ruth Bakke Haug                                      | (47) | Os        | 19.03.2013 |
| <b>Kule 3.0</b>   |      |  |      |           |            |
| 13.95   | (1)b | Matilde Roe  | (96) | Haukås    | 20.01.2013 |
| 9.81  | (1)e | Helene Olsen Austnes                                 | (99) | Haukås    | 19.01.2013 |
| 7.70  | (1)  | Anne Grethe Hafstad Thorsen                          | (50) | Haugesund | 03.03.2013 |
| 7.51  | (2)  | Ruth Bakke Haug                                      | (47) | Haugesund | 03.03.2013 |
| <b>Kule 4.0</b>   |      |  |      |           |            |
| 12.77   | (4)  | Matilde Roe  | (96) | Haugesund | 02.02.2013 |
| 10.80   | (2)M | Lene Secher Myrmel                                   | (86) | Sandnes   | 13.01.2013 |
| 9.34  | (3)J | Agathe Holtan Wathne                                 | (94) | Haukås    | 17.02.2013 |
| <b>5-kamp kvinner senior (100m hekk-høyde-kule-200m/lengde-spyd-800m)</b> |      |  |      |           |            |
| 3915  | (1)  | Lene Secher Myrmel<br>(8.71-1.64-10.80-5.73-2:20.91) | (86) | Sandnes   | 13.01.2013 |