

IL Fri: Alle tiders beste utendørs - 1929-2020

5000m menn U23 (junior-22) (18:00.00/18:00.0)

14:05.77	(8)	Lars Ove Strømø	(63)	Brüssel, BEL	30.08.1985
14:24.16	(2)U	Lars Nesbø Bakke	(89)	Söderhamn, SWE	04.09.2010
14:58.57	(2)	Johannes Rosvold	(66)	Fana	25.08.1988
15:00.4	(7)	Jan Frode Seim	(59)	Fana	19.06.1980
15:05.1	(2)	Torgeir Markhus	(61)	Oslo/Bi	22.05.1979
15:11.2	(6)J	Hein Rune Skjoldal	(48)	Kristiansand	03.08.1968
15:16.62	(6)	Svein Glomnes	(67)	Fana	25.08.1988
15:18.20	(5)	Magne Eivind Glomnes	(66)	Fana	11.06.1988
15:21.6	(7)	Roy Åge Thunestvedt	(55)	Bergen/Kr	24.08.1974
15:23.55	(5)	Kurt Roar Olsen	(65)	Voss	02.08.1986
		(10)			
15:26.5	(5)	Hans Alfred Unneland	(58)	Fana	26.05.1977
15:27.1	()	Bright Strømmen	(59)	Stavanger/St	08.09.1980
15:31.8	(1)	Jan Magne Skjoldal	(50)	Bergen/Kr	04.10.1970
15:33.3	(1)	Jonny Andersen	(75)	Fana	30.09.1994
15:51.9	(10)	Geir Atle Mjelde	(61)	Fana	06.10.1983
15:52.6	(5)	Arne Bjørndal	(59)	Bergen/Kr	12.07.1978
15:54.75	(6)J	Espen Joensen	(92)	Ravnanger	06.08.2010
15:55.52	(23)h1	Andreas Vågen	(00)	Oslo/Bi	26.09.2020
16:10.62	(6)	Christopher Ullrich (GER)	(88)	Fana	13.06.2009
16:16.0		Jørn Unneland	(60)	Bergen/Kr	09.08.1978
		(20)			
16:20.0		Steinar Daltveit	(58)		.1980
16:37.6	(1)J	Leif Karlsen	(16)	Bergen/Br	06.06.1938
16:45.2		Trond Knutsen	(61)	Fana	05.06.1979
16:51.71	(6)	Jarle Vikør Ekanger	(84)	Fana	30.07.2003
17:07.0	()	Bjarne Nesse	(36)		.1955
17:17.19	(3)U	Jørgen Åsheim	(84)	Hatland	10.09.2005
17:22.5	(1)J	Martin Unneland	(30)	Odda	07.08.1949
17:25.05	(1)	Marius Kalsås Worren	(88)	Indre Arna	10.10.2010
17:28.7	(2)J	Gerhard Thunestvedt	(29)	Odda	07.08.1949
17:33.1	(10)B	Sigbjørn Torheim	(67)	Fana	05.10.1984
		(30)			
17:35.24	(3)J	Mathias Reither	(65)	Fana	02.06.1984
17:57.2	(1)J	Helge Johannes Eide	(31)	Nesttun	14/15.08.1948
		Sannsynligvis oppnådd i uapprobert stevne:			
17:23.0	(1)	Øystein Mjelde	(53)		.1975
17:27.0	(-)	Geir Arne Ivarsflaten	(59)		09.10.1976