

**IL Fri: Alle tiders beste utendørs - 1929-2019****7-kamp kvinner U21 (junior-20) (2000)**

4208	(1)	Brit Ingrid Reigstad (Birketveit)	(77)	Fana	26-27.09.1996
		(17.15-1.55-10.62-26.97/4.97w-29.58-2:33.84) / -0,8 / / +2,7			
4054	(1)U	Lene Secher Myrmel	(86)	Fana	20-21.09.2006
		(15.44-1.40-8.87-27.50w/5.35-28.48-2:44.16) / +1,0 / +2,2 / +1,2			
3724	(1)b	Ragna Herigstad Strømman	(76)	Knarvik	05-06.06.1993
		(16.6-1.44-7.62-27.8/5.01-20.02-2:29.4) / / /			
3667	(1)b	Vibekke Kjellesvik	(72)	Fana	20-21.05.1989
		(15.9-1.50-9.38-28.4/5.07w-28.18-3:12.4) / / / +2,72			
3654	(2)b	Fiona Vaular	(72)	Fana	20-21.05.1989
		(16.3-1.47-7.55-27.9/5.00-19.56-2:38.8) / / / +1,49			
3513	(2)b	Gina Jamt	(76)	Knarvik	05-06.06.1993
		(16.9-1.35-9.19-28.0/4.87-28.92-2:56.0) / / /			
3480	(3)b	Bente Landøy	(72)	Fana	20-21.05.1989
		(19.1-1.38-8.06-28.4/4.91w-28.48-2:32.4) / / / +2,37			
3047	(3)b	Ingrid Askildsen	(76)	Knarvik	05-06.06.1993
		(18.6-1.38-7.63-28.6/4.31-21.20-2:44.9) / / /			
2956	(1)	Eli Rosvold	(71)	Espeland	04-05.10.1986
		(18.8-1.30-7.10-28.5/4.10-27.32-2:47.7) / / /			
2901	(1)b	Kristin Haugsvær	(78)	Leirvik	08-09.07.1995
		(19.6w-1.25-9.80-29.1w/4.09-30.10-2:59.2) / +2,6 / +2,4 / -1,1			
		(10)			
2734	(4)b	Kjersti Janne Knutsen	(72)	Fana	20-21.05.1989
		(25.2-1.44-10.47-31.6/4.05w-24.42-2:41.7) / / /			
2164	(4)b	Marianne Karlsen	(76)	Knarvik	05-06.06.1993
		(21.0-1.29-6.49-28.9/3.97-nm-2:55.2) / / /			

**Medvind:**

2427	(1)J	Monica Tøsdal	(91)	Haukås	15-16.05.2010
		ΣW6,7 (18.13w-1.14-6.16-29.06w/4.27-10.72-2:59.03) / +4,1 / +4,5 / -1,9			
2425	(-)J	Monica Tøsdal	(91)	Haukås	15-16.05.2010
		ΣW7,5 (18.13w-1.14-6.16-29.06w/4.26-10.72-2:59.03) / +4,1 / +4,5 / -1,1			
2399	(-)J	Monica Tøsdal	(91)	Haukås	15-16.05.2010
		ΣW6,9 (18.13w-1.14-6.16-29.06w/4.15-10.72-2:59.03) / +4,1 / +4,5 / -1,7			

**10-kamp kvinner U21 (junior-20) (3000)**

5377	(1)U	Lene Secher Myrmel	(86)	Ski	02.-03.09.2006
		(12.9-20.24-3.03-24.14-63.2/15.2w-5.48w-8.32-1.40-6:09.5) / -0,7 / +2,6 / +2,3			

**Kast-5-kamp kvinner U21 (junior-20) (1500)**

3683	(1)	Matilde Roe	(96)	Bergen/Sk	25.10.2014
		(44.67-12.31-47.31-37.49-14.50)			
2331	(1)	Helene Olsen Austnes	(99)	Bergen/Sk	25.05.2019
		(36.02-10.39-20.64-18.82-11.69)			