

IL Fri: Alle tiders beste utendørs 1929-2020

Gutter 13-19 år

pr. 31.12.2020 (oppdatert 05.04.2021)

1500m gutter 19 år

3:56.98	(3)A	Jonny Andersen	(75)	Fana	17.08.1994
4:01.09	(1)J	Lars Nesbø Bakke	(89)	Fana	09.07.2008
4:01.7	(4)J	Geir Arne Ivarsflaten	(59)	Fana	23.08.1978
4:04.18	(11)	Ronny Legreid	(65)	Fana	23.05.1984
4:04.2	()	Geir Nordbø	(62)	Fana	26.09.1981
4:04.2	(4)	Kurt Roar Olsen	(65)	Fana	08.10.1984
4:04.46	(6)	Jan Erik Lie Thorkildsen	(77)	Fana	11.09.1996
4:07.7		Steinar Daltveit	(58)		.1977
4:07.7		Torgeir Markhus	(61)		.1980
4:08.0		Trond Reigstad	(63)	Oslo/Bi	14.09.1982
		(10)			
4:08.5		Jan Frode Seim	(59)	Fana	23.08.1978
4:12.7		Geir Atle Mjelde	(61)		.1980
4:13.1	(1)B	Ove Leon Låstad	(63)	Fana	10.10.1982
4:13.2		Arne Bjørndal	(59)	Fana	13.09.1978
4:14.1		Bright Strømmen	(59)	Fana	23.08.1978
4:14.5	(2)J	Morten Tangen	(68)	Fana	10.09.1987
4:16.6	(1)J	Bjarne Nesse	(36)	Bergen/Br	28.08.1955
4:17.29	(4)JB	Alv Ole Esperås	(68)	Fana	14.06.1987
4:19.8		Tore Gatland Jacobsen	(69)		.1988
4:21.9	()	Harry Tunestveit	(43)		.1962
		(20)			
4:22.28	(3)B	Hans Norvald Lie	(75)	Fana	29.06.1994
4:23.6	(6)J	Helge Johannes Eide	(31)	Nesttun	08.08.1950
4:26.39	(12)J	Sigbjørn Torheim	(67)	Fana	14.08.1986
4:26.5	(1)J	Inge Mjelde	(64)	Voss	07.09.1983
4:29.6	(3)J	Martin Unneland	(30)	Bergen/Sk	03.06.1949

Uklart resultat:

4:21.01		Erik Skogen	(65)		.1984
		(Sannsynligvis oppnådd av Erik Iden)			

1500m gutter 18 år

3:54.7	(5)J	Lars Ove Strømø	(63)	Oslo/St	26.07.1981
3:59.62	(4)J	Jonny Andersen	(75)	Bismo	18.07.1993
4:01.28	(2)J	Lars Nesbø Bakke	(89)	Fana	02.06.2007
4:01.9	(4)J	Geir Arne Ivarsflaten	(59)	Fana	08.09.1977
4:03.93	(1)J	Jaad Orten	(92)	Leirvik	15.08.2010
4:04.2	(5)J	Geir Nordbø	(62)	Fana	02.09.1980
4:05.4	(3)	Torgeir Markhus	(61)	Oslo/Bi	13.09.1979
4:06.96	(6)B	Ronny Legreid	(65)	Fana	01.06.1983
4:11.2	(4)J	Kurt Roar Olsen	(65)	Fana	08.09.1983
4:11.3		Jan Magne Skjoldal	(50)		.1968
		(10)			
4:11.6		Roy Åge Thunestvedt	(55)		.1973
4:14.5		Vidar Rolland	(60)	Fana	23.08.1978
4:15.06	(1)J	Tore Gatland Jacobsen	(69)	Fana	04.06.1987
4:15.8		Geir Atle Mjelde	(61)	Fana	04.10.1979
4:15.80	(7)J	Alv Ole Esperås	(68)	Fana	14.08.1986
4:16.0		Bjørn Mjelde	(63)		.1981
4:16.5		Arne Bjørndal	(59)		.1977
4:16.6		Steinar Daltveit	(58)		.1976
4:16.9		John Brattåker	(53)		.1971
4:18.4	()	Harry Tunestveit	(43)		.1961
		(20)			
4:18.5		Jan Frode Seim	(59)		.1977
4:18.71		Vidar Skulstad	(65)	Byrkjelo	02.07.1983
4:19.9	()	Hein Rune Skjoldal	(48)		.1966
4:20.0		Jørn Unneland	(60)	Fana	05.07.1978
4:20.02	(1)	Andreas Vågen	(00)	Indre Arna	11.07.2018
4:20.4		Arvid Borge	(53)		.1971
4:21.08	(15)a	Halvar Lie	(71)	Lillehammer	22.06.1989
4:23.31	(10)J	Inge Mjelde	(64)	Fana	18.05.1982
4:25.3	(1)a	Roald Lie	(70)	Voss	20/21.08.1988
4:25.4	(1)a	Trond Knutsen	(61)	Bergen/Sk	26/27.05.1979
		(30)			

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4:25.8	(4)J	Bjarne Nesse	(36)	Ålvik	22.08.1954
4:25.9	(3)J	Helge Iversen	(68)	Knarvik	28.05.1986
4:27.22	(5)B	Jarle Vikør Ekanger	(84)	Fana	08.09.2002
4:28.1	(6)J	Frank R. Olsen	(68)	Knarvik	28.05.1986
4:29.1		Asbjørn Tunes	(49)		.1967
4:30.40		Kåre Bjørn Voldsund	(68)	Fana	06.09.1986
4:30.56		Åge Førland	(68)	Fana	03.06.1986

1500m gutter 17 år

3:56.1	(3)J	Lars Ove Strømø	(63)	Førde	10.08.1980
4:04.0	(3)	Ole Morten Fadnes	(73)	Voss	30.05.1990
4:05.0	(9)	Geir Nordbø	(62)	Fana	04.10.1979
4:07.0	()J	Torgeir Markhus	(61)	Fana	23.08.1978
4:08.2	(8)B	Jonny Andersen	(75)	Fana	30.06.1992
4:10.79	(2)c	Jonny Andersen	(75)	Lillehammer	27.06.1991
4:10.9	(5)J	Åge Førland	(68)	Fana	30.06.1985
4:11.2	(10)	Erik Iden	(69)	Fana	16.09.1986
4:11.6	(1)b	Jan Magne Skjoldal	(50)	Bergen/Sk	27.08.1967
4:12.32	(6)Jh1	Jaad Orten	(92)	Bodø	14.08.2009

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4:12.9		Geir Arne Ivarsflaten	(59)		.1976
4:13.60	(1)b	Lars Nesbø Bakke	(89)	Strandebarm	09.07.2006
4:13.9		Ronny Legreid	(65)	Knarvik	29.09.1982
4:14.4		Roy Åge Thunestvedt	(55)		.1972
4:14.5		Per Bjørgås	(54)		.1971
4:14.72	(6)J	Tore Gatland Jacobsen	(69)	Fana	14.08.1986
4:15.11	(7)C	Andreas Vågen	(00)	Oslo/Bi	04.08.2017
4:17.5		Bjørn Mjelde	(63)		.1980
4:18.30	(7)J	Geir Thunestvedt	(67)	Fana	03.06.1984
4:19.2		Geir Atle Mjelde	(61)	Fana	23.08.1978

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4:21.5	(6)J	Helge Iversen	(68)	Knarvik	29.05.1985
4:22.07		Kurt Roar Olsen	(65)	Fana	07.07.1982
4:22.38	(13)J	Vidar Skulstad	(65)	Fana	22.06.1982
4:22.60	(3)a	Jan Ove Landøy	(69)	Fana	06.09.1986
4:23.7	(11)J	Ove Leon Låstad	(63)	Fana	19.06.1980
4:24.2		John Brattåker	(53)		.1970
4:24.3		Steinar Daltveit	(58)		.1975
4:24.5	(5)b	Halvar Lie	(71)	Voss	20/21.08.1988
4:25.64	(3)b	Morten Tangen	(68)	Fevik	29.06.1985
4:26.3	()	Hein Rune Skjoldal	(48)		.1965

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4:26.4	(18)	Sigbjørn Torheim	(67)	Fana	28.08.1984
4:27.9	(2)b	Kåre Bjørn Voldsund	(68)	Fana	15.06.1985
4:28.4	(7)J	Øistein Istad	(68)	Knarvik	29.05.1985
4:28.8	(8)J	Roald Lie	(70)	Fana	10.09.1987
4:30.3		Jan Frode Seim	(59)		.1976
4:31.9		Arne Bjørndal	(59)		.1976
4:33.12	(3)B	Torstein Olai Leiren Mastervik	(03)	Hatland	29.08.2020
4:33.2		Inge Mjelde	(64)		.1981
4:34.6		Trond Knutsen	(61)	Fana	24.05.1978
4:34.6		Leif Frode Herland	(62)	Fana	05.06.1979

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1500m gutter 16 år

3:59.6	(4)A	Lars Ove Strømø	(63)	Fana	18.07.1979
4:08.3	(1)	Jostein Rønnevold	(59)	Hønefoss	14.09.1975
4:10.06	(8)E	Ole Morten Fadnes	(73)	Oslo/Bi	18.07.1989
4:10.79	(2)c	Jonny Andersen	(75)	Lillehammer	27.06.1991
4:12.1	(8)J	Erik Iden	(69)	Fana	30.06.1985
4:12.74	(2)c	Jaad Orten	(92)	Leirvik	17.08.2008
4:12.8	(8)c	Geir Arne Ivarsflaten	(59)	Oslo/Bi	29.08.1975
4:12.9	(1)J	Vinjar Dalseid	(74)	Fana	26.09.1990
4:13.6	()	Ronny Legreid	(65)	Fana	01.07.1981
4:14.08	(1)bB	Andreas Vågen	(00)	Göteborg, SWE	02.07.2016

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4:14.7	(9)J	Frode Hauken	(70)	Voss	15.06.1986
4:19.2		Geir Nordbø	(62)	Fana	23.08.1978
4:20.9		Torgeir Markhus	(61)		.1977
4:22.0	(11)J	Rune Hansen	(65)	Fana	18.08.1981
4:23.7		Hans Alfred Unneland	(58)		.1974
4:24.09	(7)J	Åge Førland	(68)	Fana	23.05.1984
4:24.5		Per Bjørgås	(54)		.1970
4:24.78	(5)	Tobias Svendheim	(04)	Indre Arna	08.07.2020
4:25.36	(3)c	Tore Gatland Jacobsen	(69)	Fevik	29.06.1985
4:25.8		Steinar Daltveit	(58)		.1974

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4:27.8	(1)b	Jan Ove Landøy	(69)	Fana	15.06.1985
4:29.8		Roy Åge Thunestvedt	(55)		.1971
4:29.9		Ove Leon Låstad	(63)	Fana	08.09.1979
4:30.1		Jørn Unneland	(60)		.1976
4:30.1	(3)c	Kurt Roar Olsen	(65)	Fana	06.06.1981
4:30.30	(1)c	Trygve Opheim	(96)	Indre Arna	01.10.2012
4:30.5		Vidar Rolland	(60)		.1976
4:30.80		Roald Lie	(70)		.1986
4:31.8		Jan Magne Skjøldal	(50)		.1966
4:32.2		Rune Rolland	(58)		.1974

4:32.3		Rune Kvam	(67)		.1983
4:32.5		Kåre Bjørn Voldsund	(68)	Voss	02.09.1984
4:33.35		Asbjørn Arnesen	(80)	Fana	04.09.1996
4:33.57	(5)	Eirik Opheim	(94)	Indre Arna	10.10.2010
4:33.70		Stig Amundsen	(70)	Fana	14.08.1986
4:36.4		Bjørn Mjelde	(63)	Fana	03.06.1979
4:38.7		Leif Frode Herland	(62)	Fana	13.09.1978
4:39.2		Kaspar Jordan	(69)	Knarvik	29.05.1985
4:43.4		Arne Bjørndal	(59)		.1975
4:43.6		Jan Frode Seim	(59)		.1975
4:44.6		Halvar Lie	(71)		.1987

1500m gutter 15 år

4:14.4	(6)c	Ronny Legreid	(65)	Ålesund	03.08.1980
4:14.4	(5)J	Frode Hauken	(70)	Knarvik	29.05.1985
4:19.8	()	Jostein Rønhovde	(59)		.1974
4:20.66	(4)d	Ole Morten Fadnes	(73)	Oslo/Bi	02.07.1988
4:21.01	(6)J	Erik Iden	(69)	Fana	23.05.1984
4:21.22	(1)J	Vinjar Dalseid	(74)	Fana	30.08.1989
4:22.1	()	Rune Kvam	(67)	Oslo	23.08.1982
4:22.8	(10)J	Vidar Skulstad	(65)	Fana	15.07.1980
4:26.12	(14)	Andreas Vågen	(00)	Strandebarm	21.06.2015
4:26.7		Geir Arne Ivarsflaten	(59)		.1974

4:28.4	(1)	Jaad Orten	(92)	Hatland	27.10.2007
4:29.88	(1)d	Tobias Svendheim	(04)	Indre Arna	18.09.2019
4:30.9		Torgeir Markhus	(61)		.1976
4:31.93		Asbjørn Arnesen	(80)		.1995
4:32.5		Steinar Daltveit	(58)		.1973
4:32.6	(8)d	Rune Rolland	(58)	Hønefoss	15/16.09.1973
4:37.43	(4)d	Trond Erik Søylen Storebø	(96)	Fana	03.08.2011
4:38.4		Trond Litsheim	(58)		.1973
4:40.5	(7)	Kaspar Jordan	(69)	Fana	06.10.1984
4:42.8		Jarle Reigstad	(61)		.1976

4:43.0		Bjørn Mjelde	(63)	Bergen/Kr	19.07.1978
4:43.3	(11)d	Kurt Roar Olsen	(65)	Fana	20.09.1980
4:44.69		Endre Lilletvedt	(75)		.1990
4:45.5	(9)	Jan Ove Landøy	(69)	Oslo/St	08.07.1984
4:45.67		Børge Iversen	(70)		.1985
4:47.3		Ove Leon Låstad	(63)	Fana	13.09.1978
4:51.17	(1)d	Trygve Opheim	(96)	Indre Arna	06.07.2011
4:52.21		Roald Lie	(70)		.1985
4:52.26		Stig Amundsen	(70)	Fevik	29.06.1985

1500m gutter 14 år

4:22.5	(2)	Frode Hauken	(70)	Fana	06.10.1984
4:23.2	(1)e	Jostein Rønhovde	(59)	Fana	26.06.1973
4:26.15	(2)e	Ole Morten Fadnes	(73)	Oslo/Bi	04.07.1987
4:26.4	(2)e	Håkon Kvåle, Bergens TF	(66)	Bergen/Sk	17.09.1980
4:30.0	()	John Helge Vikne	(68)	Oslo	23.08.1982
4:30.0	()	Åge Førland	(68)	Oslo	23.08.1982
4:30.0	(3)e	Vinjar Dalseid	(74)	Voss	21.08.1988
4:32.9	(2)d	Erik Iden	(69)	Fana	10.10.1983
4:35.96	(7)e	Endre Lilletvedt	(75)	Lillehammer	22.06.1989
4:36.9	()	Stein Bjørkås	(63)		.1977

4:37.02	(2)e	Jaad Orten	(92)	Fana	17.09.2006
4:39.3	()	Geir Arne Ivarsflaten	(59)		.1973
4:42.7		Vidar Skulstad	(65)	Fana	03.06.1979
4:43.8		Jan Ove Landøy	(69)	Fana	10.10.1983
4:46.6		Rune Kvam	(67)	Fana	06.06.1981
4:47.4		Jarle Reigstad	(61)		.1975
4:53.1		Roar Takvam	(63)		.1977
5:02.2		Trond Litsheim	(58)		.1972
5:02.6		Kurt Roar Olsen	(65)	Fana	03.06.1979
5:07.5		Frank Ove Reigstad	(65)	Fana	03.06.1979

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5:08.5		Knut Bertelsen	(65)	Fana	03.06.1979
5:11.87	(1)e	Trond Erik Søylen Storebø	(96)	Fana	15.09.2010

1500m gutter 13 år

4:30.4	(1)f	Kjell Gunnar Sandvik	(71)	Åstveit	12.09.1984
4:35.9	(1)f	Ole Morten Fadnes	(73)	Arendal	06.07.1986
4:38.3	(1)	Frode Hauken	(70)	Åstveit	09.09.1983
4:44.39	(1)f	Filip Holdhus	(04)	Hatland	10.09.2017
4:44.4	()	Åge Førland	(68)	Oslo	25.08.1981
4:45.0	()	John Helge Vikne	(68)	Oslo	25.08.1981
4:49.2	()	Erik Iden	(69)	Oslo	23.08.1982
4:52.4	(1)f	Roald Lie	(70)	Fana	10.10.1983
4:53.0	(2)f	Børge Iversen	(70)	Fana	10.10.1983
4:56.5	()	Vidar Skulstad	(65)	Oslo/St	16/17.06.1978
			(10)		
4:57.39	(1)f	Jaad Orten	(92)	Fana	28.09.2005
4:58.6	()	Morten Farestveit	(74)	Arendal	05.07.1987
4:59.9	()	Eivind Kvamme	(74)	Arendal	05.07.1987
5:02.5		Jan Ove Landøy	(69)		.1982
5:06.0		Rune Ingebrigtsen	(61)		.1974
5:06.3		Kristian Karlsen	(74)	Arendal	05.07.1987
5:07.2		Leif Frode Herland	(62)		.1975
5:07.2		Jarle Iversen	(70)	Ytre Arna	14.09.1983
5:25.2		Kurt Roar Olsen	(65)	Ytre Arna	16.08.1978
5:25.6		John Vevle	(64)		.1977
			(20)		
5:27.8		Svein Erik Hjortland	(65)	Ytre Arna	16.08.1978
5:28.4	(8)e=	Morten Tangen	(68)	Fana	06.06.1981