

IL Fri: Alle tiders beste utendørs 1929-2020

Gutter 13-19 år

pr. 31.12.2020 (oppdatert 05.04.2021)

1000m gutter 19 år

2:37.1		Trond Reigstad	(63)		.1982
2:40.99	(1)J	Lars Nesbø Bakke	(89)	Hatland	05.10.2008
2:44.1		Ove Leon Låstad	(63)		.1982
2:46.66	(1)B	Hans Norvald Lie	(75)	Haukås	16.06.1994

1000m gutter 18 år

2:28.2	(1)	Lars Ove Strømø	(63)	Fana	06.10.1981
2:33.3	(1)	Geir Nordbø	(62)	Fana	30.09.1980
2:34.3	(6)A	Ronny Legreid	(65)	Fana	10.08.1983
2:42.3		John Brattåker	(53)		.1971
2:44.0		Arvid Borge	(53)		.1971
2:45.8	(2)a	Sigbjørn Torheim	(67)	Fana	28.08.1985
2:46.5		Geir Atle Mjelde	(61)	Ostereidet	30.09.1979
2:46.6	(1)a	Kurt Roar Olsen	(65)	Fana	04.10.1983
2:46.9		Arne Bjørndal	(59)		.1977
2:48.1		Harry Tunestveit	(43)	Espeland	.1961
			(10)		
2:49.1	(7)B	Svein Erik Hjortland	(65)	Fana	10.08.1983
2:49.6		Åge Midtun	(50)		.1968

1000m gutter 17 år

2:28.8	(1)	Lars Ove Strømø	(63)	Stavanger/St	10.10.1980
2:34.5	(3)	Ole Morten Fadnes	(73)	Voss	13.06.1990
2:36.2	()	Geir Nordbø	(62)	Bergen/Sk	11.07.1979
2:40.0	(1)b	Ronny Legreid	(65)	Knarvik	26.09.1982
2:41.6		Torgeir Markhus	(61)	Bergen/Sk	06.10.1978
2:43.0	(1)b	Jan Magne Skjoldal	(50)	Bergen/Sk	27.07.1967
2:43.0	(2)b	Åge Førland	(68)	Fana	28.08.1985
2:47.3		Kurt Roar Olsen	(65)		.1982
2:48.0		John Brattåker	(53)		.1970
2:51.0		Trond Olav Vassdal	(57)		.1974
			(10)		
2:51.3		Geir Arne Ivarsflaten	(59)		.1976
2:52.0		Ove Leon Låstad	(63)		.1980
2:52.47	(5)	Torstein Olai Leiren Mastervik	(03)	Indre Arna	23.09.2020
2:53.9		Svein Erik Hjortland	(65)		.1982

1000m gutter 16 år

2:37.0	(5)	Vinjar Dalseid	(74)	Voss	13.06.1990
2:41.27	(1)c	Jaad Orten	(92)	Hatland	05.10.2008
2:45.5		Jostein Rønnevold	(59)		.1975
2:45.7	(2)	Endre Lilletvedt	(75)	Fana	09.07.1991
2:47.0		Ronny Legreid	(65)		.1981
2:49.1		Geir Arne Ivarsflaten	(59)		.1975
2:49.6		Arne Bjørndal	(59)		.1975
2:50.2		Rune Rolland	(58)		.1974
2:50.6		Hans Alfred Unneland	(58)		.1974
2:51.3		Steinar Daltveit	(58)		.1974
			(10)		
2:51.5		Torgeir Markhus	(61)		.1977
2:52.8		Ove Leon Låstad	(63)	Ostereidet	30.09.1979
2:53.2		Leif Frode Herland	(62)	Fana	10.10.1978
2:54.6		Kurt Roar Olsen	(65)		.1981
2:55.5		Jan Magne Skjoldal	(50)		.1966
2:56.12		Kenneth Rastad	(77)	Fana	09.05.1993
2:56.4		Stein Bjørkås	(63)	Ostereidet	30.09.1979
2:56.9		Jørn Unneland	(60)		.1976
2:57.68	()cM	Eivind Kvamme	(74)	Sola	02.09.1990
2:58.9		Vidar Rolland	(60)		.1976
			(20)		

1000m gutter 15 år

2:43.8	(3)c	Jostein Rønhovde	(59)	Rosendal	18.08.1974
2:44.2	(2)d	Ronny Legreid	(65)	Bergen/Sk	04.09.1980
2:45.52	(1)d	Ole Morten Fadnes	(73)	Ravnanger	10.09.1988
2:48.1	(2)d	Rune Kvam	(67)	Fana	16.09.1982
2:49.4	(1)d	Erik Iden	(69)	Knarvik	23.09.1984
2:50.5		Geir Arne Ivarsflaten	(59)		.1974
2:51.3		Jon Are Sundland	(78)	Fana	26.09.1993
2:53.03		Asbjørn Arnesen	(80)	Fana	21.06.1995
2:56.3		Geir Nordbø	(62)		.1977
2:58.6		Kaspar Jordan	(69)		.1984
		(10)			
2:59.8		Torgeir Markhus	(61)		.1976
3:00.1		Johnny Hjertås	(61)		.1976
3:00.5		Kurt Roar Olsen	(65)		.1980
3:02.8		Vidar Rolland	(60)		.1975
3:03.5		Ove Leon Låstad	(63)	Fana	10.10.1978

1000m gutter 14 år

2:46.0	(1)c	Frode Hauken	(70)	Knarvik	23.09.1984
2:48.7	(1)e	Tore Gatland Jacobsen	(69)	Fana	27.05.1983
2:49.0	()e	Ronny Legreid	(65)	Oslo/Bi	30.08.1979
2:49.5	(2)e	Erik Iden	(69)	Fana	27.05.1983
2:50.7	(1)d	Jan-Henrik Olsnes	(79)	Fana	26.09.1993
2:52.7	()e	Vidar Skulstad	(65)	Oslo/Bi	30.08.1979
2:55.3	()e	Erik Skogen	(65)	Oslo/Bi	30.08.1979
2:55.8		Endre Lilletvedt	(75)	Fana	01.10.1989
2:59.4		Ole Morten Fadnes	(73)		.1987
3:01.0		Trond Litsheim	(58)		.1972
		(10)			
3:01.2		Stein Bjørkås	(63)		.1977
3:04.0		Helge Kåstad	(63)		.1977
3:04.6	(6)e	Jan Ove Landøy	(69)	Fana	27.05.1983
3:05.6		Roar Takvam	(63)		.1977
3:06.6		Torgeir Markhus	(61)		.1975
3:09.4		Bjørn Tore Eikeland	(72)	Fana	08.06.1986
3:09.6		Steinar Daltveit	(58)		.1972
3:12.1		Rune Ingebrigtsen	(61)		.1975
3:13.0		Roald Lie	(70)	Espeland	27.08.1984
3:13.1		Børge Iversen	(70)	Espeland	27.08.1984
		(20)			
3:13.3		Martin Kvamme	(75)	Fana	01.10.1989

1000m gutter 13 år (3:05.00/3:05.0)

2:52.9	(1)f	Kjell Gunnar Sandvik	(71)	Fana	12.06.1984
2:57.1	(1)f	Ole Morten Fadnes	(73)	Fana	08.06.1986
3:00.7	(1)f	Erik Iden	(69)	Knarvik	26.09.1982
3:01.0	(2)f	Tore Gatland Jacobsen	(69)	Fana	27.05.1982
3:02.5	()	Roald Lie	(70)	Fana	04.10.1983
3:03.99	(1)f	Jan-Henrik Olsnes	(79)	Fana	27.09.1992
3:05.8		Børge Iversen	(70)	Fana	04.10.1983
3:06.2		Helge Kåstad	(63)		.1976
3:06.4		Ørjan Ytrearne	(74)	Åstveit	03.06.1987
3:09.2		Vidar Skulstad	(65)	Fana	10.10.1978
		(10)			
3:09.5	(6)f	Kåre Norheim	(71)	Fana	12.06.1984
3:09.7	(4)f	Jarle Iversen	(70)	Fana	27.05.1983
3:09.9		Jan Ove Landøy	(69)		.1982
3:10.5		Stein Bjørkås	(63)		.1976
3:12.4		Leif Frode Herland	(62)		.1975
3:13.0	(6)f	Stig Amundsen	(70)	Fana	27.05.1983
3:13.5		Tim Smistad	(62)		.1975
3:13.8		Eivind Kvamme	(74)	Åstveit	03.06.1987
3:15.8	(1)e	Rune Kvam	(67)	Espeland	28.09.1980
3:18.1		Roar Takvam	(63)		.1976
		(20)			
3:24.5		Ulf Thorsvik	(66)	Ostereidet	30.09.1979
3:25.0	(3)e	Rune Veseth	(67)	Espeland	28.09.1980